M A R Y GRETCHEN SIGWARD

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Professional	EXPERIENCE
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Spectrum Dance Theater
Karin Stevens Dance
Stone Dance Collective
Khambatta Dance Company
5th Avenue Theater
Tacoma Urban Performing Arts Center, guesting
De La Arts Company (Junior Member)

YEARS DIRECTORS 2015-19, 2022 Donald Byrd 2020-present Karin Stevens 2019-present Eva Stone 2019-present Cyrus Khambatta 2019 Bill Berry, James Rocco, Bob Richard

2018 Klair Ethridge, Julie Tobiason2008-2011 Meridith Benson, Mario De La Nuez

Dance Training

University of South Carolina BA in Dance Performance

De La Arts Place
School for Creative and Performing Arts

2011-2015 Susan Anderson, Kyra Strasburger, Stacey Clavert, Thaddeus Davis,

Tanya Wideman-Davis

2008-2011 Meridith Benson, Mario De La Nuez,

Amy Harold

2005-2008 Meridith Benson, Daryl Bjoza, Patricia Rozow

TEACHING EXPERIENCE

The School of Spectrum Dance Theater
Academy Coordinator; Ballet, Modern,
Donald Byrd Technique, Improvisation,
Pilates for Dancers, Anatomy for Dancers

YEARS

July 2017-present

Dance Fremont

Guest Instructor, Pilates for Dancers

The School of Spectrum Dance Theater Interim School Principal

PMA® Certified Pilates Teacher, Vitality Pilates

September-October 2021

August - December 2020

April 2017-present

CHOREOGRAPHIC EXPERIENCE	YEAR	Performance(s)
Etude, Revisited	2022	Premiere: July 2022 at the Newport Dance Festival, Newport RI
		Cast: Moving Island Dance Company
8'66" (co-choreographed with Ivana Lin)	2022	Premiere: June 11, 2022 at the 17 th annual Seattle International Dance Festival Cast: Ivana Lin and Mary Sigward
Etude	2021	Premiere: July 2021 at the Newport Dance Festival, Newport RI Cast: dancers from Khambatta Dance Company and Moving Island Dance Company
Vivus (film)	2021	Premiere: May 2021 at The School of Spectrum Dance Theater 2021 Virtual Academy Showcase, Seattle WA Cast: Isabella Smith, student of The School of Spectrum Dance Theater Academy Program Directed, filmed, edited: Mary Sigward
sorry Clover	2020	Premiere: November 2020 at Soft Concrete III (livestream), Seattle WA Additional Performances: 2021 Seattle International Dance Festival, Honorable Mention at the 2021 Mobile Dance Film Festival, Gala for Dance Conservatory Seattle Cast: Mary Sigward
back-formation	2020	Premiere: February 2020 at 12 Minutes Max at Bast Arts Space, Seattle WA Cast: Mary Sigward
Impetus	2019	Premiere: May 2019 at The School of Spectrum Dance Theater 2019 Academy Showcase, Seattle WA Cast: dancers from The School of Spectrum Dance Theater Academy Program
Momentum	2018	Premiere: May 2018 at The School of Spectrum Dance Theater 2019 Academy Showcase, Seattle WA Cast: dancers from The School of Spectrum Dance Theater Academy Program
Apex	2015	Premiere: April 2015 at the University of South Carolina Dance Department Studios, Columbia SC; performance was the culmination of Mary's Honor College Thesis Cast: dancer majors and minors from the University of South Carolina Dance Department
Benign	2014	Premiere: December 2014 at the University of South Carolina Dance Department's Student, Columbia SC Choreography Showcase Cast: dancer majors from the University of South Carolina Dance Department Guest Artist: Mick Johnson, slam poet
xx	2011	Premiere: May 2011 at De La Arts Place Year-End Performance, Cincinnati OH Cast: dancers of the De La Arts Pre-Professional Program

PERFORMANCE EXPERIENCE	YEAR	Pieces/Roles
17 th Annual Seattle International Danec Festival	2022	back-formation, 8'66"
16 th Annual Seattle International Dance Festival	2021	sorry Clover
Karin Stevens Dance	2021	A Pearl In Sorrow's Hand
12 Minutes Max	2020	back-formation
Stone Dance Collective	2020	Janus
Khambatta Dance Company	2019-present	Earthquake, Endangered Species,
		Begin Again, Crowd Control, Damaged Goods,
		Unusual Animals
West Side Story	2019	Jet Ensemble
(choreographed by Jerome Robbins, staged by Bob Richard)		
Donald Byrd	2015-19, 2022	Ravenna Verena, Strange Fruit, H.R. 3244,
		Occurance, (Im)Pulse, Rambunctious 3.0, Shot,
		Iolanta, A Rap on Race, Rambunctious 1,
		Rambunctious 2.0, GeekSpeak, Drastic Cuts,
	0040	Jazz Train, The Minstrel Show Revisited
Nutcracker (staged by Julie Tobiason)	2018	Sugar Plum Fairy
George Balanchine (all staged by Stacey Calvert)	2011-2015	Western Symphony, Walpurgisnacht,
		Emeralds, Serenade (four Russian girls),
		Stars and Stripes (short regiment leader),
		Brahms-Schoenberg Quartet, Allegro Brillante,
		Who Cares?, La Source
Tanya Wideman-Davis	2013- 2015	Lorde Give Us Strength,
		Space/Structure/Bodies,
		Scopophilic Instincts
Thaddeus Davis	2012, 2014	Crinkle, If Only I
Paul Taylor (staged by Cathy McCann Buck)	2014	Company B (Pennsylvania Polka)
Lynne Taylor-Corbett	2013	Great Galloping Gottschalk (Trios)
Helen Pickett	2012	February 14, 2012
Gianni Di Marco	2012	Bella Folia
Cinderella (staged by Meridith Benson and Mario de la Nuez)	2012	Spring fairy, Winter fairy,
		Ballroom dancer, Jester
Twyla Tharp (staged by Katie Glasner)	2011	Eight Jelly Rolls (ensemble)
Paquita (staged by Kyra Strasburger)	2011	Corps de ballet
Meridith Benson	2011	Noche Caliente
Mario De La Nuez	2011	CanCan
Nutcracker (staged by Meridith Benson and Mario de la Nuez)	2007-2010	Doll, Snow corps, Snow Queen, Spanish,
		Chinese, Russian, Bo Peep, Merliton,
		Flower corps, Rose, Clara, Fritz
Coppelia (staged by Meridith Benson and Mario de la Nuez)	2009	Friend, Dawn, Hours lead
Daryl Bjoza	2006-2008	Battalion, Controlled Chaos, Under One Sky,
		Alice in Wonderland (Lobster, Card)
Swan Lake Act II (staged by Meridith Benson)	2008	Little Swan, Swan corps
Nutcracker (staged by Daryl Bjoza and Patricia Rozow)	2006-2007	Big Solider, Big Mouse, Snow corps, Chinese,
		Flute, Flower corps
Joy Jovet	2007	Concerto Fantastic
Rene Micheo	2007	Cantata

RESIDENCIES

The Studio @ 2+U, Hosted by Shunpike Arts

Seattle, WA

DATES

October-December 2021, April-June 2022

Centrum Artist Residency

Port Townsend, WA

November 15-22, 2021

Velocity Dance Center Creative Residency

Seattle, WA

October-November 2020

Spectrum Dance Theater Creative Residency

Seattle, WA

January - March 2020

Upcoming Residencies:

Vashon Artist Residency

Vashon Island, WA

October 17 - November 10, 2022

Moulin/Belle

Mareuil en Périgord, France

March 17-28, 2023

INTENSIVES AND WORKSHOPS

YEAR Flock Online Workshop 2020 Alonzo King LINES Ballet Summer Intensive 2018 Donald Byrd Workshop 2015/2012 Company E 2015 Lemon Sponge Cake Contemporary Ballet 2015/2014 Visceral Dance Chicago 2015

Mamluft & Co Dance 2015/2011 **Hubbard Street Dance Chicago** 2014/2013 Complexions Contemporary Ballet 2012

De La Arts Summer Intensive 2011/2007/2006

Nashville Ballet 2010 Pittsburg Ballet Theater 2009 Joffrey Ballet (New York City) 2008 Cincinnati Ballet 2007/2006